

KENYA MEDICAL RESEARCH INSTITUTE



In Search of Better Health

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Passive cooling options in combination with vector proofing for indoor heat reduction and mosquito control: a pilot study in rural western Kenya

Introduction

- Door, eaves and windows facilitate transfer of heat between indoor and outdoor environment.
- The openings are usually not oriented or are disproportionate in size to the indoor environment to achieve meaningful cooling.
- They also serve as the entry routes for disease carrying vector such as mosquitoes.
- Screening of these openings for vector proofing have the potential of modifying the indoor environment.
- Combination of housing modification for passive cooling and mosquito control have the potential of reducing indoor temperatures and mosquito numbers.

Housing modification for vector proofing and heat reduction-objectives

1. To assess the indoor cooling effect achieved in a house due to cross breeze ventilation, cool roof system and mat ceiling
2. To determine the impact of full house proofing on indoor mosquito densities as measured by CDC light trap.
3. To assess community knowledge, perception and attitude towards house modification for insect proofing and thermal comfort.

Methodology – Community engagement

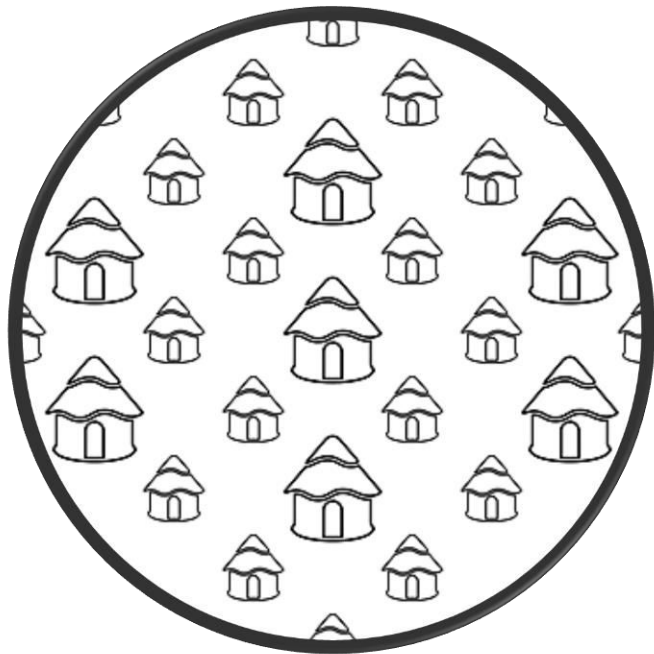
- Community mobilization
 - Identification of study households
 - Community meetings
 - Consenting
 - Randomization



Methodology - Study design

Baseline – 40

- Mosquito numbers
- Community KAP



Randomization and modification

- 10 Control
- 10 Cross ventilation
- 10 Mat ceiling
- 10 Cool roof

Intervention phase

CDC light trap collection



Temperature and humidity monitoring



Interview with study participants

Housing modification – passive cooling options



A – A participant standing outside of their house with cool Roof

B – The addition of windows screened windows to achieve cross ventilation

C – Mat ceiling to reduce indoor temperatures

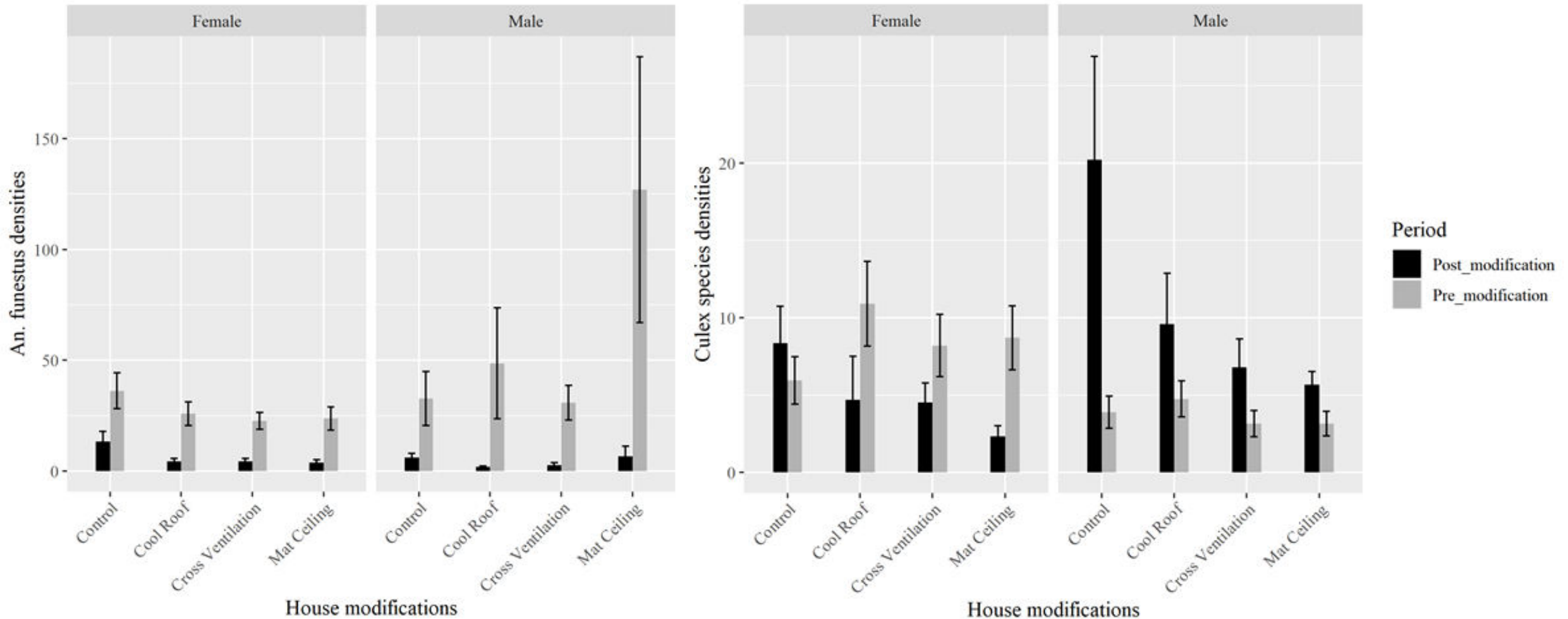
Housing modification – window and door screening



A & C – Screened eaves

B – Screened door

Results- Mean number of male and female mosquitoes collected indoors in control, cool roof, cross ventilation and mat ceiling houses before and after modification.

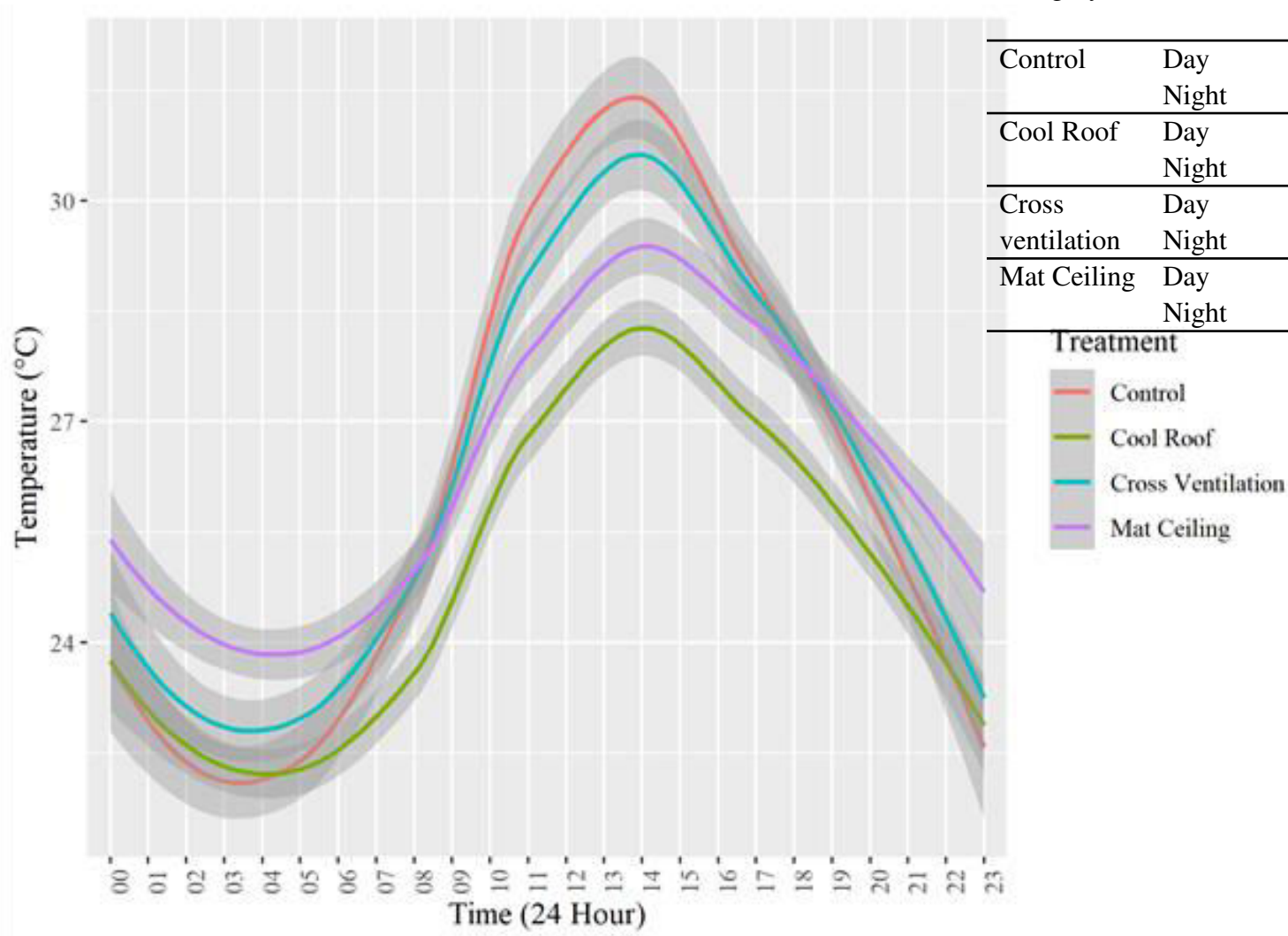


Results - Comparison of mean number of male and female *An. funestus* and *Culex* species between different study arms.

<i>Anopheles</i> specie	Parameters	Mean	RR	95%CI	p Values
	Screened	12.18	0.46	0.24-0.85	0.014
	Not screened	22.54	1		
	Pre-Screening	27.14	5.8	3.73-9.00	<0.001
<i>An. funestus</i> female	Post Screening	6.53	1		
	Screened	29.77	0.71	0.29-1.73	0.451
	Not screened	16.82	1		
	Pre-Screening	59.83	14.17	7.10-28.25	<0.001
	Post Screening	4.33	1		
	Screened	6.02	0.69	0.39-1.23	0.209
<i>An. funestus</i> male	Not screened	7.4	1		
	Pre-Screening	8.44	1.83	1.10-3.05	0.020
	Post Screening	4.98	1		
<i>Culex</i> female	Screened	5.89	0.5	0.32-0.78	0.002
	Not screened	13.68	1		
	Pre-Screening	3.74	0.42	0.29-0.61	<0.001
<i>Culex</i> male	Post Screening	10.57	1		

Results - Mean daily temperature in control, cool roof, cross ventilation and mat ceiling houses.

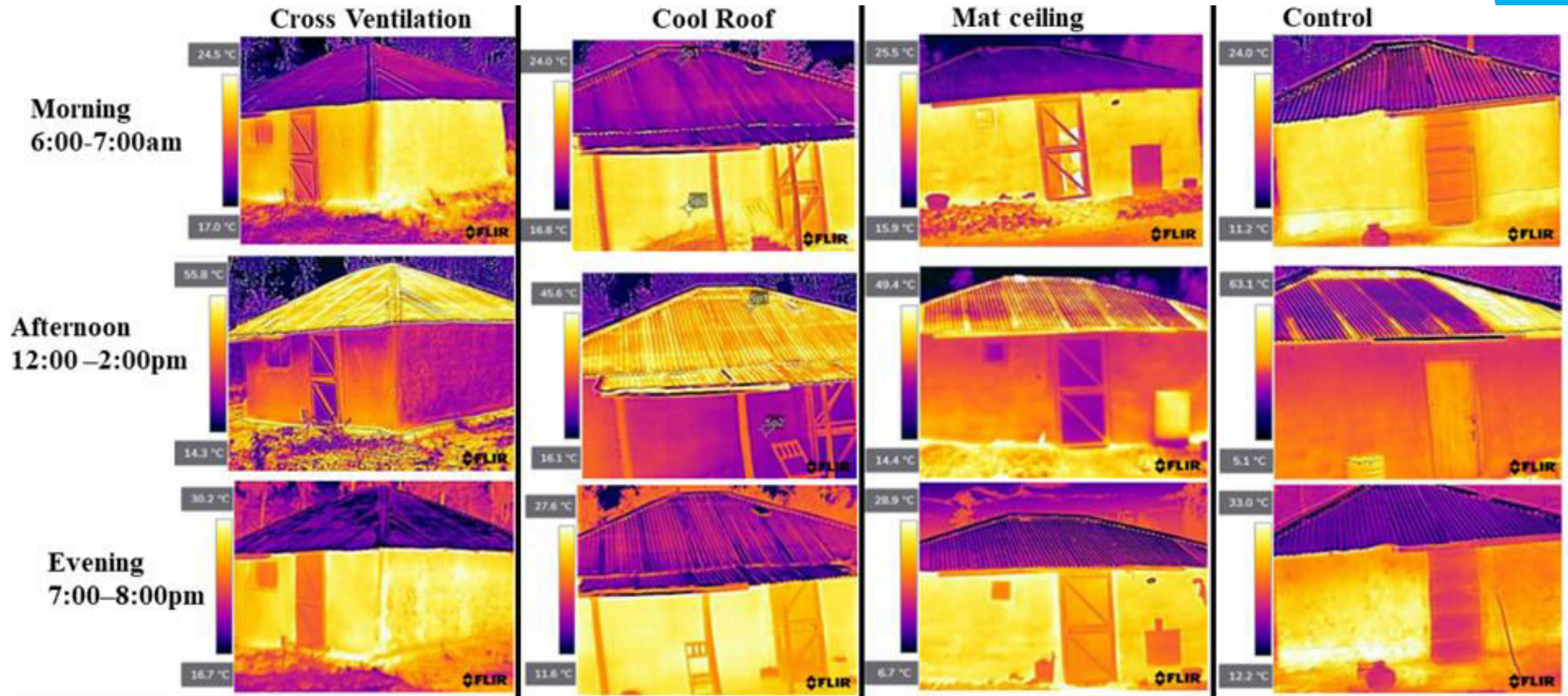
Category	Time of the Day	Minimum Temperature (°C)	Maximum Temperature (°C)	Mean (°C)
Control	Day	18.06	46.98	28.62
	Night	18.27	42.55	23.38
Cool Roof	Day	18.80	39.38	26.18
	Night	18.85	30.15	23.29
Cross ventilation	Day	19.60	40.03	28.31
	Night	19.10	30.28	24.09
Mat Ceiling	Day	19.60	37.80	27.56
	Night	19.00	35.99	25.18



Results - Pairwise comparison of mean daily temperature between houses with different passive cooling option and control.

Category	Mean	Estimate	Std. Error	t -value	p-values
Cool roof and Control	24.73 26.00	-2.44	0.01	-163.13	<0.001
Cross Ventilation and Control	26.20 26.00	-0.31	0.01	-21.52	<0.001
Mat Ceiling and Control	26.37 26.00	-1.06	0.01	72.13	<0.001
Cross ventilation and Cool roof	26.20 24.73	2.13	0.01	149.25	<0.001
Mat Ceiling and Cool roof	26.37 24.73	1.38	0.01	93.66	<0.001
Mat Ceiling and Cross Ventilation	26.37 26.20	-0.76	0.01	-53.7	<0.001

Results - Thermal images of houses with different modifications, taken at different times of the day, morning, afternoon, and evening.

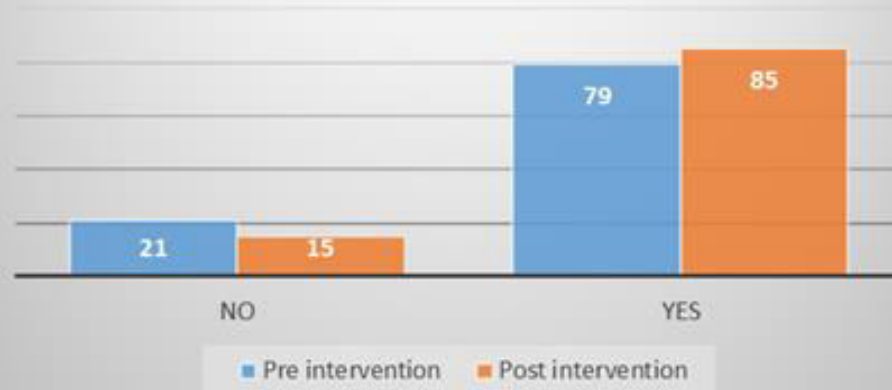


Results – community knowledge, perception and attitude

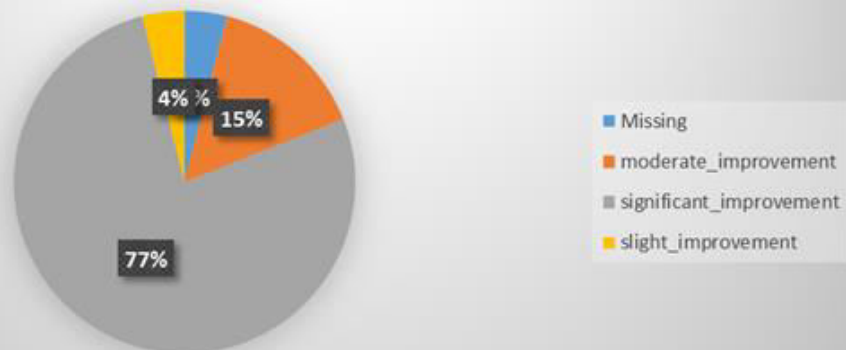
Level of improvement in reduced mosquito entry post intervention



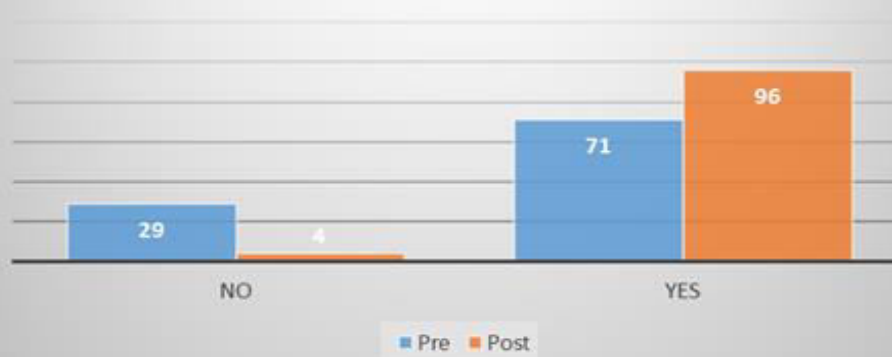
Willingness to use own or family resources for house modifications



Level of improvement in heat related illnesses Post intervention



Willingness to adopt new house design features



Conclusion and recommendation

- Vector proofing and passive cooling have great potential for controlling the persistent indoor malaria transmission while mitigating the impact of the constantly rising temperatures due to global warming in rural Africa communities.
- Cool roof, mat ceiling and cross ventilation all offer practical solutions for achieving indoor thermal comfort in the low-income communities of Africa.
- Assessment of these modifications on health outcomes including sleep quality, heart rate variability, heat stress and strain and malaria transmission is recommended.
- Mobilization and training of community and experts in the built environment is critical for uptake and scale up of housing modification for improved living standards

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